

Everyone deserves to be treated
with dignity & respect



ANGLICAN
DIOCESE OF
AUCKLAND

SPEAK UP, STOP BULLYING



KEEP SAFE
KEEP WELL

If you experience or witness bullying, harassment,
or discrimination we can help.

HELP



Telephone **0800 627 021**

to speak to a trained support person, or leave a
message and we will call you back.

Our hours of operation are Monday-Friday 0900-1700.

Alternatively you can email **support@ripples.co.nz**



This service is **free and confidential** for anyone
within the Anglican Diocese of Auckland.

The Ripples Project

www.ripples.co.nz